



Cancer

Phone: 515-281-5616
<http://idph.iowa.gov/chronic-disease-prevention>

Protecting & Improving
the Health of Iowans



According to the Iowa Cancer Registry, an estimated 6,200 Iowans will die from cancer in 2017. Cancer is the second leading cause of death in Iowa. The Iowa Department of Public Health's cancer programs work to prevent cancer from occurring, to detect cancer at its earliest stages when the disease is most treatable, and to promote access to the best treatment and survivorship programs for Iowans. The department's cancer programs include The Care for Yourself program (Breast and Cervical Cancer Early Detection program), Iowa Get Screened (IGS) Colorectal Cancer program, Cervical Cancer Screening program, and Comprehensive Cancer Control Program. A middle-aged woman needed a colonoscopy, but like many Iowans, she was uninsured. "Without the Iowa Get Screened Program, I probably would not have had the screening due to cost," she said. "The program helped me schedule my colonoscopy without worry of expense."

Did you know?

Cancer is a reportable disease as stated in the Iowa Administrative Code and is collected by the State Health Registry of Iowa, located at the University of Iowa.

Why are cancer programs important to protecting and improving the health of Iowans?

- Cancer impacts nearly all Iowans.
- Cancer programs promote healthy community environments, behaviors and cancer screenings to protect health and identify cancer in its earliest stages when it is most treatable.
- Cancer is a costly disease in terms of direct medical costs and the many emotional, social, financial and spiritual challenges often experienced by cancer survivors and their family members, friends, caregivers and employers.

Which Iowa Public Health Goals are we working to achieve?

Promoting healthy living

Protecting against environmental hazards

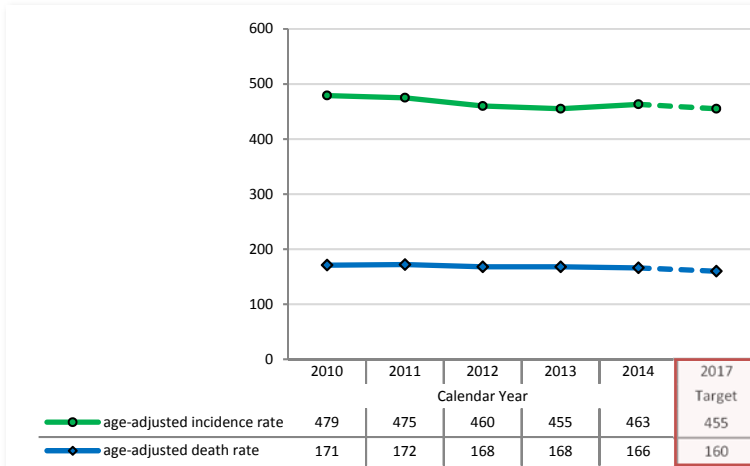
Strengthening the health infrastructure

What do we do?

- **Comprehensive Cancer Control** program works to strengthen comprehensive cancer control efforts in Iowa using evidence-based and integrated approaches to address the burden of cancer by:
 - ✓ Collaborating with the Iowa Cancer Consortium and partners to coordinate the implementation of goals and objectives in the Iowa Cancer Plan, a document containing measurable data targets to reduce the burden of cancer in Iowa. To view the newly revised plan, visit <http://canceriowa.org/iowa-Cancer-Plan.aspx>.
 - ✓ Working to prevent and control cancer across Iowa, with a focus on tobacco use prevention, radon, obesity, colorectal cancer, the HPV vaccine, and quality of life for cancer survivors. Visit <https://idph.iowa.gov/cc> for more information.
- **Care for Yourself** program contracts with local health care providers and local boards of health to increase screening services to uninsured, underinsured or underserved women who are at or below 250 percent of the federal poverty level by:
 - ✓ Providing eligible Iowans access to breast exams, mammograms, pelvic exams and Pap tests.
 - ✓ Increasing awareness of early breast and cervical cancer detection, diagnosis and treatment among the general population and targeted populations of need.
 - ✓ Visit <http://idph.iowa.gov/cfy> for more information.
- **Iowa Get Screened: Colorectal Cancer Program** works to increase colorectal cancer screening to 80 percent by 2018 by:
 - ✓ Implementing evidence-based interventions, improving quality assurance/quality improvement activities and providing data tracking and monitoring to raise screening rates among underserved, underinsured and uninsured Iowans.
 - ✓ Collaborating with local health departments to provide limited colorectal cancer screening services to eligible Iowans. Visit <http://idph.iowa.gov/igs> for more information.
- **Cervical Cancer Screening** program (CCP) provides cervical cancer screening and preventive services to a wider population that is currently served by the Iowa *Care for Yourself* program (cervical cancer screening services). The CCP provides Iowa's low-income, uninsured and underinsured women ages 19–64 and men ages 19–26, and those up to 300 percent of the federal poverty level. Appropriate/recommended services include cervical cancer screening and diagnostic services and human papillomavirus (HPV) as appropriate and recommended for ages 19-26.

How do we measure our progress?

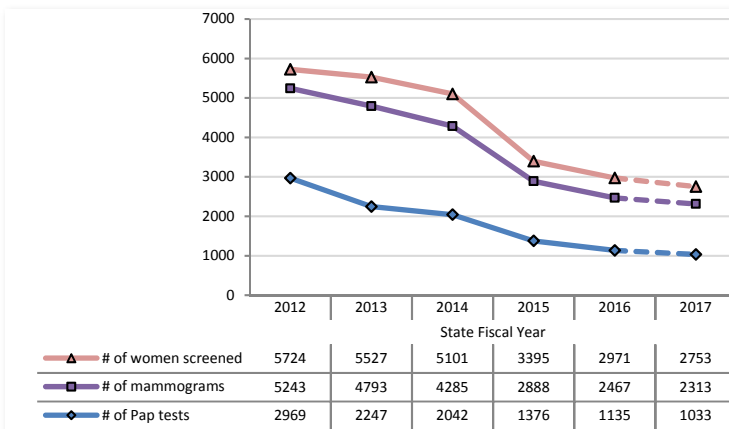
- ❶ All invasive cancer incidence and death rates for males and females (age-adjusted per 100,000 Iowans to the 2000 U.S. Standard Population).



Data Source: Surveillance, Epidemiology, and End Results Program SEER*Stat Database: Incidence- SEER 9 Regs Research Data, Nov 2015 Sub (1973-2013); and Surveillance, Epidemiology, and End Results Program SEER*Stat Database: Mortality- All COD, Aggregated with State, Total U.S. (1969-2013. 2015 data is not yet released.

How are we doing? The incidence of cancer in Iowa has declined since 2010.

- ❷ Number of women screened and number of mammograms and Pap tests provided.



Data Source: BCCEDP Data Set. Data are available annually. Note that FY 2017 has not finished yet, therefore the number will change.

How are we doing? For State Fiscal Year 2017, the *Care for Yourself* program screened 2,753 Iowa women with a provider office visit, mammogram or Pap test. The program provided 2,313 mammograms and 1,033 Pap tests.

For State Fiscal Year 2018 so far, the *Care for Yourself* program has screened 441 Iowa women with a provider office visit, mammogram, or a Pap test. 383 mammograms and 155 Pap tests have been provided.

What can Iowans do to help?

- Learn more about cancer risks and symptoms, prevention, early detection, treatment and survivorship.
- Live healthier lives:
 - ✓ Do not use tobacco or quit if you do,
 - ✓ Maintain a healthy weight,
 - ✓ Be physically active,
 - ✓ Eat a diet with at least five servings of fruits and vegetables every day,
 - ✓ Avoid tanning beds and too much sun, and
 - ✓ Test your home for radon.
- Have regular age- and risk-appropriate cancer screenings and vaccinations (colorectal cancer screening, mammogram, Pap test, skin check, HPV vaccine, hepatitis B vaccine, hepatitis C test, etc.).
- Join the Iowa Cancer Consortium and help reduce the burden of cancer in Iowa.

Visit <http://idph.iowa.gov/ccp> and www.canceriowa.org.

Expenditures

Iowa Comprehensive Cancer Control Program: general fund and federal funds: K07-0865; 0153-0416

Breast & Cervical Cancer Early Detection: federal funds, private grant* and intra-state receipts* (Dept. of Transportation – License Plate Sales): 0153-0408/0416/0426/0594; K07-0775/0852/0856/0867

Iowa Get Screened Colorectal Cancer Program: federal funds: 0153-0762/0769

	State Fiscal Year 2016 Actual	State Fiscal Year 2017 Actual	State Fiscal Year 2018 Estimate
State funds	\$992,209	\$902,627	\$702,627
Federal funds	\$2,936,531	\$3,013,935	\$2,703,779
Other funds*	\$245,703	\$218,481	\$151,598
Total funds	\$4,174,443	\$4,135,043	\$3,558,004
FTEs	11.01	9.48	9.00

Note: Funding information is intended to provide an overview of funding related to the program area. It does not include all federal and state requirements and/or restrictions for the use of funds. Contact the program area for more detailed budget information.



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Iowa Comprehensive Cancer Control Program: Phone: 515-281-5616 ♦ <http://idph.iowa.gov/ccp>

Iowa Care for Yourself Breast & Cervical Cancer Early Detection Program: Phone: 515-281-5616 ♦ <http://idph.iowa.gov/cfy>

Iowa Get Screened: Colorectal Cancer Program: Phone: 515-281-5616 ♦ <http://idph.iowa.gov/igs>