

Substance Use Disorders (Prevention, Treatment, & Recovery)

Phone: 515-242-5934

<http://idph.iowa.gov/substance-abuse>

Protecting & Improving
the Health of Iowans



The Bureau of Substance Abuse supports the philosophy established by the Substance Abuse and Mental Health Services Administration (SAMHSA), which states:

"Prevention Works, Treatment is Effective, and People do Recover"

As champions for these efforts in Iowa, the Bureau of Substance Abuse works diligently to reduce misuse and abuse of alcohol and other drugs, ensure Iowans receive substance abuse assessment and treatment when and where they need it, and support addicted Iowans in their personal recovery efforts.

Did you know?

A recent study showed that the presence of a substance use disorder often doubles the odds that a person will develop another chronic and costly medical illness, such as arthritis, chronic pain, heart disease, stroke, hypertension, diabetes or asthma¹. According to the [National Institute on Drug Abuse \(NIDA\)](#), the combined direct and indirect costs of substance use disorder reaches into the hundreds of billions of dollars annually in the USA (health care, law enforcement, motor vehicle crashes, crime and lost productivity).

Why is the Bureau of Substance Abuse important to protecting and improving the health of Iowans?

- The 2015 National Survey on Drug Use and Health reports that on average from 2014-15 in Iowa, 25,000 (10.2%) adolescents aged 12-17 used alcohol and 13,000 (5.3%) used marijuana.
- The 2016 Behavioral Risk Factor Surveillance System estimates that 21.2% of Iowa adults reported binge drinking in the past 30 days. This compares to 16.9% nationally, making Iowa among the states with the highest rates of binge drinking.
- In 2016, 107 out of 404 (26%) Iowa traffic fatalities were alcohol or drug related ([Iowa Department of Transportation](#)).
- During SFY 2017, over 46,000 Iowans sought assessment and treatment services for substance use disorders through IDPH-licensed programs with alcohol (48.2%) reported as the most common primary substance used, followed by marijuana (25.3%), and methamphetamine (19.8%). (Data Source: Iowa Department of Public Health, Division of Behavioral Health)

Which Iowa Public Health Goals are we working to achieve?

Promote healthy living

Strengthen the health infrastructure

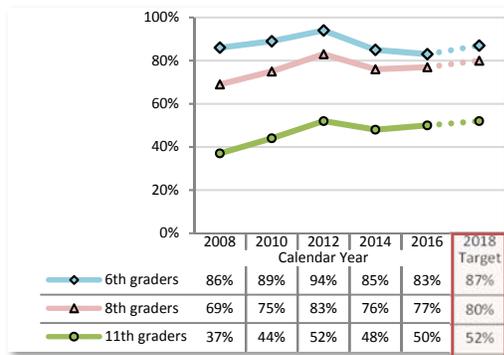
What do we do?

- License and monitor approximately 120 substance use disorder treatment programs.
- Ensure that a full continuum of substance use disorder assessment and treatment services is available to residents of all 99 Iowa counties.
- Implement substance use disorder prevention and treatment programs that support our mission, such as Iowa Opioid State Targeted Response; Medication Assisted Treatment; Strategic Prevention Framework Prescription Drugs; Partnerships for Success; and Access to Recovery (ATR).
- Provide primary substance abuse prevention in all 99 counties, implement evidence-based programs, practices and policies, and collaborate and coordinate with substance abuse providers and community partners.
- Conduct the [Iowa Youth Survey](#) that measures attitudes and experiences of sixth, eighth and 11th graders regarding alcohol and other drug use and violence, and their perception of peer, family, school and community environments.
- Ensure a [Recovery-Oriented System of Care](#) that welcomes and engages Iowans at any and all points in their personal recovery efforts.

How do we measure our progress?

Prevention Data

Percent of Iowa students (grades 6, 8, & 11 combined) who have never used alcohol.

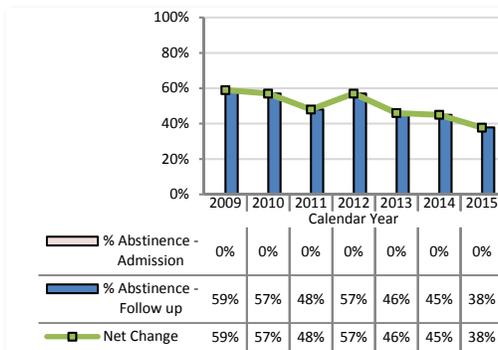


Data Source: Iowa Youth Survey. Data is available every two years.

How are we doing? The 2016 IYS results were similar to 2014 overall, with a slight decrease for sixth grade students and slight increases for the two older grades.

Treatment Data

Did not use alcohol or drugs at 6-month follow-up compared to admission.

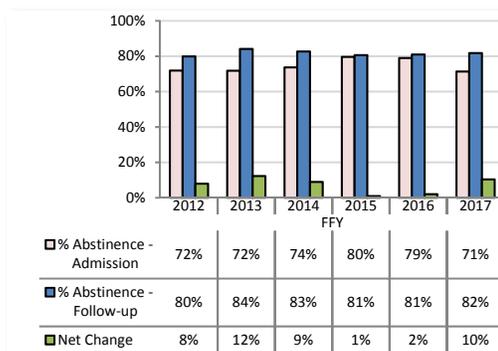


Data Source: State of Iowa Outcomes Monitoring System

How are we doing? On average in 2015, 38% of clients were abstinent 6 months post discharge.

Recovery Data

Did not use alcohol or drugs at 6-month follow-up compared to admission.



Data Source: ATR Services Accountability Improvement System

How are we doing? Since first receiving the ATR grant in 2007, Iowa has continued to show an increase in abstinence rates.

What can Iowans do to help?

1. If you know someone who needs help with alcohol or drug problems, encourage them to call the Your Life Iowa Helpline (24 hours a day, 7 days a week) at 1-855-581-8111, text 855-895-TEXT (standard data rates may apply) or chat online at <https://yourlifeiowa.org/>.
2. To learn more about Substance Abuse Prevention efforts in Iowa, go to <http://idph.iowa.gov/substance-abuse/prevention>.
3. To learn more about Substance Abuse Treatment Services in Iowa, go to <http://idph.iowa.gov/substance-abuse/treatment>.
4. To learn more about Recovery Support Services, go to <http://idph.iowa.gov/atr>.
5. To find out more about addiction, problem gambling and suicide prevention, go to <https://yourlifeiowa.org/>.

Expenditures

General fund, federal funds, & intra state receipts* (Depts. of Education, Human Rights, & Human Services, & Office of Drug Control Policy); State funds are used for a required maintenance of effort match for the Substance Abuse Prevention & Treatment Block Grant: K01-0101/0105/0151/0154/0169/0171/0173/0235(88%); 0153-0102/0104/0130/0134/0136/0138/0152/0178/0180/0182/0184/0214/0220

	State Fiscal Year 2016 Actual	State Fiscal Year 2017 Actual	State Fiscal Year 2018 Estimate
State funds	\$19,104,090	\$18,580,425	\$18,272,492
Federal funds	\$19,165,063	\$19,566,549	\$20,401,383
Other funds*	\$643,244	\$1,160,112	\$936,293
Total funds	\$38,912,397	\$39,307,087	\$39,610,168
FTEs	16.01	17.70	21.05

Note: Funding information is intended to provide an overview of funding related to the program area. It does not include all federal and state requirements and/or restrictions for the use of funds. Contact the program area for more detailed budget information.

Iowa Department of Public Health Division of Behavioral Health Bureau of Substance Abuse

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