

FINDINGS:

1. The Petition to Add Bipolar Disorder as a debilitating medical condition for which the medical use of medical cannabidiol would be medically beneficial was properly filed in the Office of Medical Cannabidiol within the Iowa Department of Public Health.
2. The Iowa Medical Cannabidiol Board has jurisdiction to accept and review the Petition to Add Bipolar Disorder as a debilitating medical condition for which the medical use of medical cannabidiol would be medically beneficial pursuant to Iowa Code chapter 124E.
3. Recommendations of the Iowa Medical Cannabidiol Board regarding the addition of medical conditions to the list of debilitating medical conditions for which the medical use of cannabidiol would be medically beneficial shall be made to the Iowa Board of Medicine for consideration, and if approved by the Iowa Board of Medicine, shall be adopted by the Iowa Board of Medicine by rule pursuant to Iowa Code section 124E.5(4).
4. Petitioner requested that the Iowa Medical Cannabidiol Board recommend the Addition of Bipolar Disorder as a debilitating medical condition for which the medical use of medical cannabidiol would be medically beneficial.
5. Petitioner was offered an opportunity to present information to the Iowa Medical Cannabidiol Board at its meeting on November 2, 2018.
6. Bipolar Disorder a brain disorder that causes unusual shifts in mood, energy, activity levels, and the ability to carry out day-to-day tasks.
7. Although cannabidiol (CBD) may be an effective treatment for Bipolar Disorder

manic episodes in some patients, medical literature indicates that tetrahydrocannabinidiol (THC) can actually worsen Bipolar Disorder symptoms.

8. Evidence-based medical literature indicating that the medical use of cannabidiol would be medically beneficial for patients diagnosed with Bipolar Disorder is lacking.

ORDER:

The Iowa Medical Cannabidiol Board hereby denies the petition for the addition of Bipolar Disorder to the list of debilitating medical conditions for which the medical use of cannabidiol would be medically beneficial.

Mike McKelvey
By: Cpt. Mike McKelvey, Chairperson

March 8, 2019
Date