

# HEALTH BEHAVIOR HIGHLIGHTS IN LATINX/HISPANIC YOUTH



## ALCOHOL USE

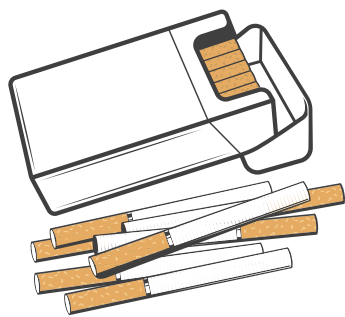
**1 in 4** of Iowa Latinx public high school students drank alcohol in 2019. This was a 15% decrease from 2011. The statewide rate for recent alcohol use was slightly higher at **26%**.

## MENTAL HEALTH

**Nearly half** of Latinx public high school students experienced persistent feelings of sadness or hopelessness. This was an increase from **32%** in 2017 and **27%** in 2011. The statewide rate for this experience was **33%**.



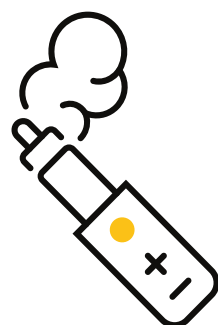
## CIGARETTE SMOKING



**Over one-third** of Latinx public high school students had tried cigarette smoking by 2019. This represents a steady decrease from 2011 when well over half reported the same. **One quarter** of students statewide had tried cigarette smoking in 2019.

## CURRENT SMOKING

**19%** of Latinx public high school students smoked cigarettes or vaped in 2019. This compares to **21%** of students statewide.



## SEXUAL VIOLENCE



Latinx public high school students experienced sexual violence at higher rates than students statewide. **16%** have been forced to have sex while **10%** of students statewide report the same.

## PHYSICAL ACTIVITY

**80%** of Latinx Iowa public high school students exercised at least one day/week. This compares with **87%** of students statewide.



[HTTPS://IDPH.IOWA.GOV/PUBLICHEALTHDATA/IOWA-YOUTH-RISK-BEHAVIOR-SURVEY](https://idph.iowa.gov/publichealthdata/iowa-youth-risk-behavior-survey)